

THE SACRED FOREST

B. Nyanabhadrā

“

A Sanggha is a community of people
—monks, nuns, laymen, and
laywomen who are walking together
on a spiritual path

-Thích Nhất Hạnh

“

We vow to **protect** each other, to **help** each other in every aspect of practice, and to build the strength of the sangha.

-Thích Nhất Hạnh

“

We are one cell in the sangha body,
and the sangha is the forest!

-Thích Nhất Hạnh

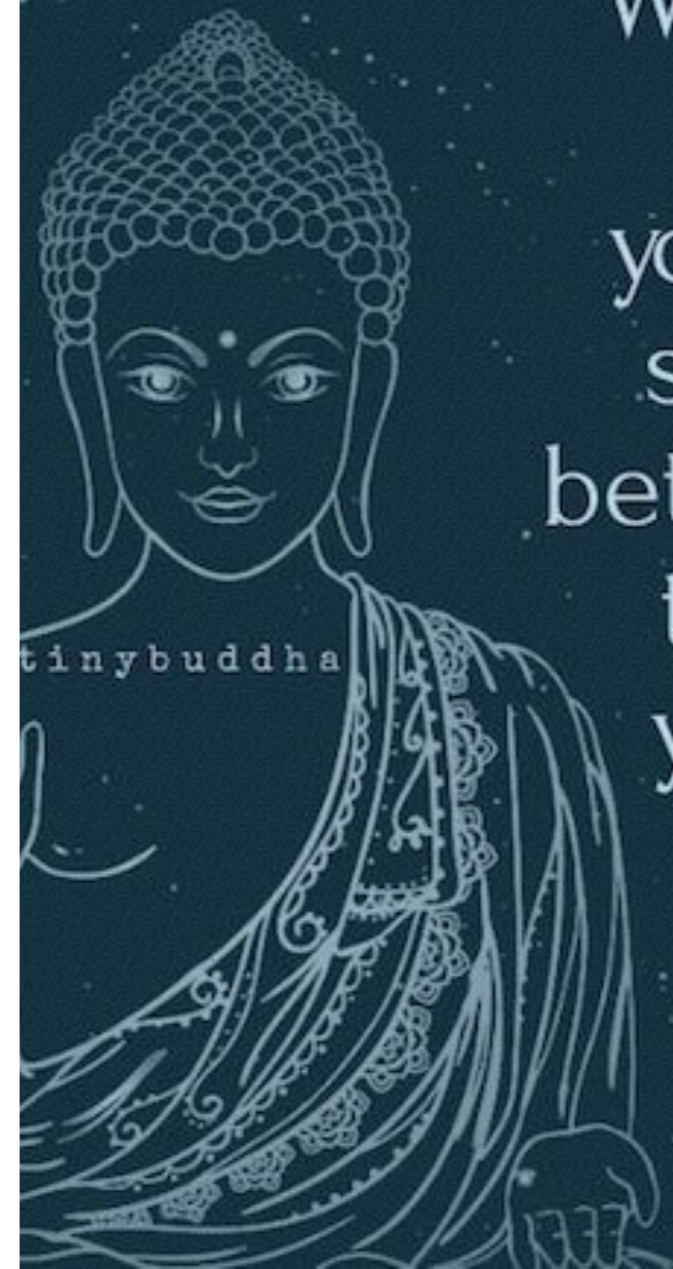
“

Each tree has different qualities, own shape, height, unique qualities, all are contributing to the harmonious growth of the forest.

-Thích Nhất Hạnh

SANGHA EYES

Menerima obat



When you
let go,
you create
space for
better things
to enter
your life.

SUSA TALAN



I AM
DETERMINED
TO PRACTICE
LOVING SPEECH.

- THICH NHAT HANH

L I S T E N

S I L E N T

it's **HARD**
to *listen*
with a **BIG,**
stinky **EGO** me me me

RUMORS

are carried by

HATERS

spreaded by

FOOLS

& accepted by

IDIOTS

“

Apologising does not always mean that you are **wrong** and the other person is **right**. It just means that you value your relationship more than your **EGO**

-unknown

**FORGIVENESS DOESN'T
EXCUSE THEIR BEHAVIOR.**

**FORGIVENESS PREVENTS
THEIR BEHAVIOR FROM
DESTROYING YOUR HEART.**

#BEYONDORDINARY

“The first to
apologize is the
bravest.
The first to
forgive is the
strongest.
The first to forget
is the happiest.”

“

We need to continue our personal
practice and community practice

TERIMA KASIH